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**ECOLIFE Foundation Announces Introductory Aquaponics  
Workshops for Fall**  
*Sustainable Food System Uses Ninety Percent Less Water  
Than Conventional Gardening*

**(Escondido, CA)** – September 20, 2011 – ECOLIFE Foundation, a not-for-profit organization that provides ecologically sustainable solutions to address root causes of humanitarian and environmental issues, is hosting introductory aquaponics workshops this fall.

Aquaponics is the symbiotic growing of plants and aquatic animals in a re-circulating environment. With near zero environmental impact, these systems can be used to produce high-quality hormone free fish and a wide variety of organic vegetables, all without the use of artificial fertilizers, pesticides, or herbicides. Water is cycled between the fish tanks and vegetable growing area, which uses ninety percent less water than conventional gardening and can be utilized as means of reducing the need to import fish and vegetables from outside sources.

Workshops will be held on the following dates: Saturday October 15 and 22 from 10am to noon. Registration fees for each workshop are \$30 per person and includes an aquaponics manual and light refreshments. Custom workshops are also available for groups of six or more people. Those interested can contact ECOLIFE Foundation for more information.

During these introductory workshops, participants will learn how to save water while growing fish and organic leafy greens by building and maintaining an aquaponics system through hands-on demonstrations and discussions. For more information or to register, email [admin@ecolifefoundation.org](mailto:admin@ecolifefoundation.org), call 760-740-1346 or visit the website at [www.ecolifefoundation.org](http://www.ecolifefoundation.org).

All workshops are held at the ECOLIFE Foundation offices and taught by ECOLIFE Aquaponics Specialist, Mike Ready who specializes in amphibians, fish and other aquatic life and has worked as an aquarist in a wide variety of scientific and commercial endeavors.

**About ECOLIFE Foundation**

Founded in 2003, ECOLIFE Foundation utilizes conservation as a tool to protect and improve human life, wildlife and natural resources. This approach allows ECOLIFE to intertwine humanitarian and conservation efforts, thereby creating programs that provide sustainable solutions that address the root causes of humanitarian and environmental issues. ECOLIFE Foundation programs provide communities with measurable health benefits, greater economic stability, and higher standards of living. ECOLIFE Foundation is located at 324 State Place, Escondido, CA and can be reached at (760) 740-1346 or by visiting their website at [www.ecolifefoundation.org](http://www.ecolifefoundation.org).

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